



# HAZELWOOD SCHOOL DISTRICT | 2019-2020 ACADEMIC CALENDAR

13 First Day of School  
 9 Professional Development: Full Day  
 28 Two (2) Hour Early Release Day: Professional Development  
 30 No School Students: Professional Development

AUGUST 2019						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JANUARY 2020						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

1-3 Winter Break  
 6 Classes Resume  
 15 Two Hour (2) Early Release Day: Professional Development  
 20 Martin Luther King, Jr. Day

2 Labor Day  
 18 Two (2) Hour Early Release Day: Professional Development

SEPTEMBER 2019						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

FEBRUARY 2020						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

5 Two Hour (2) Early Release Day: Professional Development  
 14 Half Day 6-8 Only: Records  
 17 Presidents Day

9 Two (2) Hour Early Release Day: Professional Development  
 11 No School Students: Professional Development  
 17 No School PK-8: Parent/Teacher Conferences  
 18 No School Students: Parent/Teacher Conferences

OCTOBER 2019						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

MARCH 2020						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

13 No School Students: Professional Development/Records  
 20 No School Students: Parent/Teacher Conferences  
 23-27 Spring Break

1 No School Students: Professional Development  
 13 Two (2) Hour Early Release Day: Professional Development  
 27-29 Thanksgiving Break

NOVEMBER 2019						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

APRIL 2020						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

10-13 Spring Weekend  
 15 Two Hour (2) Early Release Day: Professional Development

19 Half Day 9-12 Only: Records  
 20 Half Day Students: Records  
 23-31 Winter Break

DECEMBER 2019						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

MAY/JUNE 2020						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6
7	8	9	10	11	12	13

21 \*Half Day 9-12: Records if no snow days (See \*\* below)  
 22 \*Half Day: Last Day of school if no snow days. (See \*\* below)  
 25 Memorial Day  
 \*\*June 8: Last possible day with maximum snow days. Please do not schedule a vacation before June 8, 2020. (See \*\* below)

- Semester Begins/Ends
  - No School for Students; Professional Development/Record Day  
Text shown in red is specific to individual grade levels.
  - No School for Students or Teachers
  - Two hour Early Release Day: Professional Development  
Two hour early release for students. Two hour PD for teachers.
  - Snow Day Make Up (See \*\*Snow Day Make Up Schedule)
- EAST MIDDLE SCHOOL FOLLOWS THE SAME SCHEDULE AS EAST HIGH SCHOOL

	End of Quarters	End of Trimesters
First	October 11	November 8
Second	December 20	February 20
Third	March 12	*May 22
Fourth	*May 22	

\*\*Snow Day Make Up Schedule: 1<sup>st</sup> day-May 26; 2<sup>nd</sup> day-May 27; 3<sup>rd</sup> day—May 28; 4<sup>th</sup> day-May 29; 5<sup>th</sup> day-June 1; 6<sup>th</sup> day-June 2; Days 7 – 10 TBD. Please do not schedule a vacation before June 8, 2020.

Snow schedule: Each school will start 2 hours later than the regular starting time, with the normal dismissal time.



# Garrett Uniform Requirements

The adoption of the policy has several goals:

- Focus student attention on schoolwork and alleviate the peer pressure students feel to compare with those who wear the latest cool clothing.
- Create an orderly uniform environment where all children are perceived on an equal plane.
- Reduce conflict among students & reduce disciplinary actions that need to be taken by administrators and teacher.
- Provide parents the opportunity to save money on purchasing clothes and more easily plan their “child” selection of clothing for the week.

## 1) Pants and Slacks

- Khaki or navy in color
- No more than one size larger than the actual waist size
- Fitted leg and hemmed; length is to the top of the shoe, not dragging on the floor.
- Worn at the waist
- No excessive pockets

## 2) Shorts/Capri's

- Khaki or navy in color
- May not be worn shorter than 3” above the knee
- No longer than mid-calf
- Worn at the waist

## 3) Skirts, Skorts and Jumpers

- Khaki or navy in color
- May not be worn shorten than 3” above the knee
- No longer than mid-calf
- Worn at the waist

## 4) Tops

- Solid (no print allowed) navy blue, light/powder blue, white or grey
- Garrett Spirit wear “POLO” shirts ONLY are allowed to be worn anytime (these will not be provided by the PTA)
- COLLARED shirts or blouses or turtleneck
- All shirts must be long enough to be tucked in & stay tucked in
- No sleeveless shirts or T-shirt style undershirts

## 5) Vests and Sweaters

- Solid (no print allowed) navy blue, light/powder blue, white or grey
- Long or short sleeve sweaters
- Pullover, zippered or buttoned cardigan sweaters or vests are acceptable
- Uniform tops must be worn underneath and tucked at the waist

## 6) Sweatshirts

- NO HOODED, sleeveless or pocketed sweaters allowed. Sweatshirts must be the same colors, solid colors, as the Tops indicated above (navy blue, light/powder blue, white or grey)
- Uniform tops must be worn underneath and tucked at the waist

## 7) Belts (Optional, but if worn must fir guidelines below)

- Solid color belts-black, brown, navy blue or white with regular, non decorative buckles
- Belts should fit, with the end only a few inches past the buckles

**8) Shoes, Socks and Shoelaces**

- Athletic/tennis shoes or other sturdy, leather type shoes with skid free soles are acceptable
- Shoelaces must be tied and match shoes (solid in color); Velcro is acceptable
- Socks are to be solid white, black, grey, navy or powder blue
- Girls may wear skin tone pantyhose, tights or knee highs in white, black, grey, navy or powder blue
- No Heeleys
- No lights or decorative ornaments

**9) Jewelry**

- Minimal, simple in nature and non-disruptive

## Classroom Rewards

The Missouri Eat Smart Advanced Guidelines do not allow food to be given as a reward.

### Alternative Ideas for classroom rewards

#### Elementary

- Stickers, pencils or bookmarks
- Certificates
- Show-and-tell
- Bank system - earn play money for privileges
- Extra computer time
- Make deliveries to the office
- Be the classroom helper
- Sit by friends
- Play a favorite game
- Fun physical activity/break
- Dance or listen to music in the classroom
- Have extra art time
- Watch a fun video
- Eat lunch or have class outside

#### Secondary

- Sit with friends
- Reduced homework or no homework/pass
- Extra credit
- Fun brain teaser activities
- Computer time
- Watch a fun video
- Five-minute chat break
- Listen to music while working at desk

Using food as rewards teaches children to eat when they are not hungry. This can lead to problems for children such as obesity, diabetes and hypertension. Using food as a reward can also undermine classroom nutrition lessons. Students are taught about a healthy lifestyle and choosing healthy foods in proper portion sizes.

## Missouri Eat Smart Advanced Guidelines

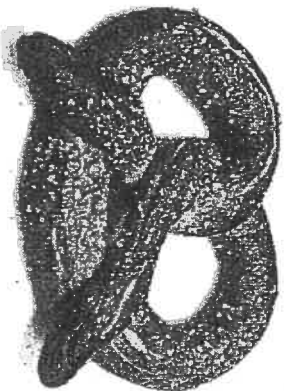
### A Guide to Promoting a Healthy School Environment

#### Parent Group Fundraisers

The District strongly encourages parent groups to adhere to the Eat Smart Advanced Guidelines for fundraising events for our schools. Please see requirements below regarding catalog sales.

#### Updated - July 2014

- If the fundraiser is a 100-percent food item catalog, 25 percent of the items should meet the Missouri Eat Smart Advanced Guidelines.
- If it is a mixed product catalog, no more than 25 percent of the items can be food (It is not mandatory that this 25 percent meet the Advanced Guidelines but we encourage you to find a healthy mix).



## Resources

Alternatives to Food Rewards. Connecticut State Department of Education, September 2004.

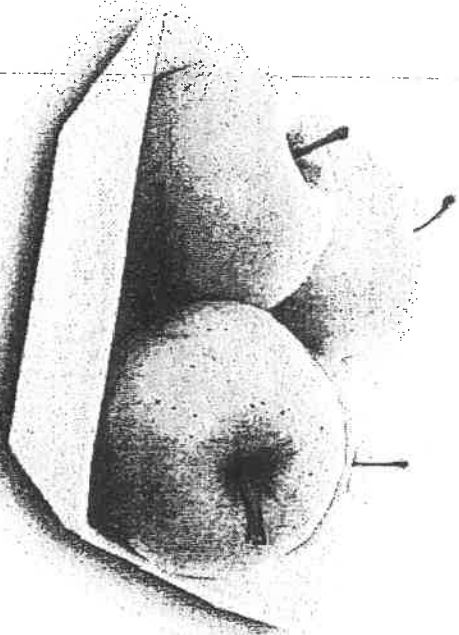
<http://extension.missouri.edu/FNEP/nutrition/display/celebrations/FEBFoodAsReward101.pdf>

Classroom party ideas

<http://www.reasontoparty/schoolevents.htm>

Party Ideas for school and home

<http://party-games-etc.com/school/>



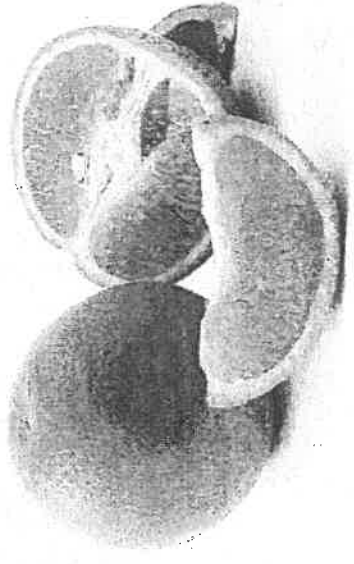
**Hazelwood  
School  
District**  
*We're on the move!*

## Candy Cart Fundraisers, School Stores Open during School Hours, Child Nutrition Services Snack Lane

Foods of minimal nutritional value are *not* to be sold on Hazelwood School District's campuses while school is in session. These items are defined by the United States Department of Agriculture. They are:

- \*Soda
- Water ices - Unless product contains fruit or fruit juices
- Chewing gum - Flavored products from natural or synthetic gums which form an insoluble mass for chewing.
- Certain candies
- Hard candy - sour balls, fruit balls, candy sticks, lollipops, star light mints, after-dinner mints, sugar wafers, rock candy, cinnamon candies, breath mints and jaw breakers.
- Jellies and gums - gum drops, jelly beans, jellies and fruit-flavored slices.
- Marshmallow candies
- Fondant - candy corn or soft mints
- Licorice
- Spun candy
- Candy-coated popcorn
- Candy bars

\*Soda will not be allowed in personal student lunches from home.



## Missouri Eat Smart Advanced Guidelines

### A Guide to Promoting a Healthy School Environment Acceptable Foods for Candy Cart, Vending, School Stores, and Snack Lines

Fifty percent of foods sold for fundraisers from candy carts, school stores and snack lines must meet the Eat Smart Advanced Guidelines. (This also includes vending machines)

Fat - Not more than 35 percent of weight may come from fat except for nuts, seeds and nut butters

Sugar - Not more than 35 percent of weight may come from sugar except for fruit with added sugar.

Calories - Not more than 200 calories per selling unit

#### Healthy Food Ideas

- Pretzels
- Dried fruits
- Fresh fruit
- Fruit smoothies
- String cheese
- Cheese and whole grain crackers
- Granola bars
- Cereal bars
- Breadsticks
- Graham crackers
- Animal crackers
- Lowfat pudding
- Lowfat yogurt
- Go-gurt pops
- Yogurt whips
- Baked chips
- Trail mix
- Cereal mix
- Fruit cookies
- Lowfat/low-calorie cookies
- 100-calorie-snack packs
- Fruit by the Foot - Ingredient statement will specify grapes, orange juice or pears from concentrate
- Fruit Roll-Ups - Ingredient statement will specify grapes or orange juice or pears from concentrate
- Fruit Gushers - Ingredient statement will specify grapes or orange juice or pears from concentrate
- Fruit Snacks - Ingredient statement will specify grapes, or orange juice or pears from concentrate

## Classroom Parties, "A Healthy Celebration"

Create a healthy celebration for students by focusing the party on activities and games instead of food. Make the food count at your party by providing healthy choices.

- Plan special party games and activities.
- Create a healthy party idea book. Ask school staff and parents to send in healthy recipes and ideas for activities, games and crafts. Compile these ideas into a book that staff and parents can use.
- Instead of a party, organize a special community service project. Involve parents in planning the project.
- For birthdays, let the birthday child choose and lead an active game for everyone.
- Create a "Celebrate Me" book. Have classmates write or draw a picture to describe what is special about the birthday child.
- Make the birthday child the teacher's assistant for the day and let him or her do special tasks like make deliveries to the office, lead the line, start an activity and choose a game or story.
- Make a healthy snack with the students.
- Introduce students to fruits they may have never tried before such as star fruit, kiwi, mangos and papaya.

#### Healthy food ideas for classroom parties\*\*

- Thin crust pizza with low-fat toppings (ham, Canadian bacon or just cheese)
- Fruit or grain muffins
- Bagel slices with jam
- Hot pretzels
- Popcorn (no butter added)
- Sandwiches or wraps with turkey or ham
- Yogurt parfaits
- Yogurt topped with granola
- Yogurt whips
- Go-gurt
- Ice cream cups (Example: Blue Bunny's @100-calorie cup)
- Fruit by the Foot - Ingredient statement will specify grapes, orange juice or pears from concentrate
- Fruit Roll-Ups - Ingredient statement will specify grapes, orange juice or pears from concentrate
- Fruit Gushers - Ingredient statement will specify grapes, orange juice or pears from concentrate
- Fruit Snacks - Ingredient statement will specify grapes, orange juice or pears from concentrate
- Fresh fruit and cheese kabobs
- Cheese cubes or string cheese
- Angel food cake, plain or topped with fruits
- Fruit pizza
- 100 percent juice products

\*\*Remember, in accordance with sanitation standards, all food brought to school from home for classroom parties must be store-bought

Food not allowed: most cookies, cakes, candies and cupcakes.



# The Simple Way to Pay

FOR SCHOOL MEALS

[myschoolbucks.com](http://myschoolbucks.com)



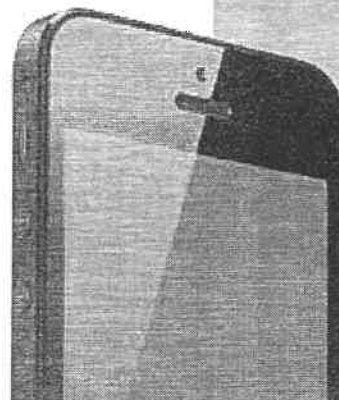
View account balances and meal purchases



Schedule automatic payments



Make payments anytime, anywhere from our mobile app



SIGN UP FOR YOUR FREE ACCOUNT IN

## 3 Easy Steps!

1

Go to [myschoolbucks.com](http://myschoolbucks.com)

2

Create your account

3

Pay with your credit/debit card or electronic check

Download our FREE app today!



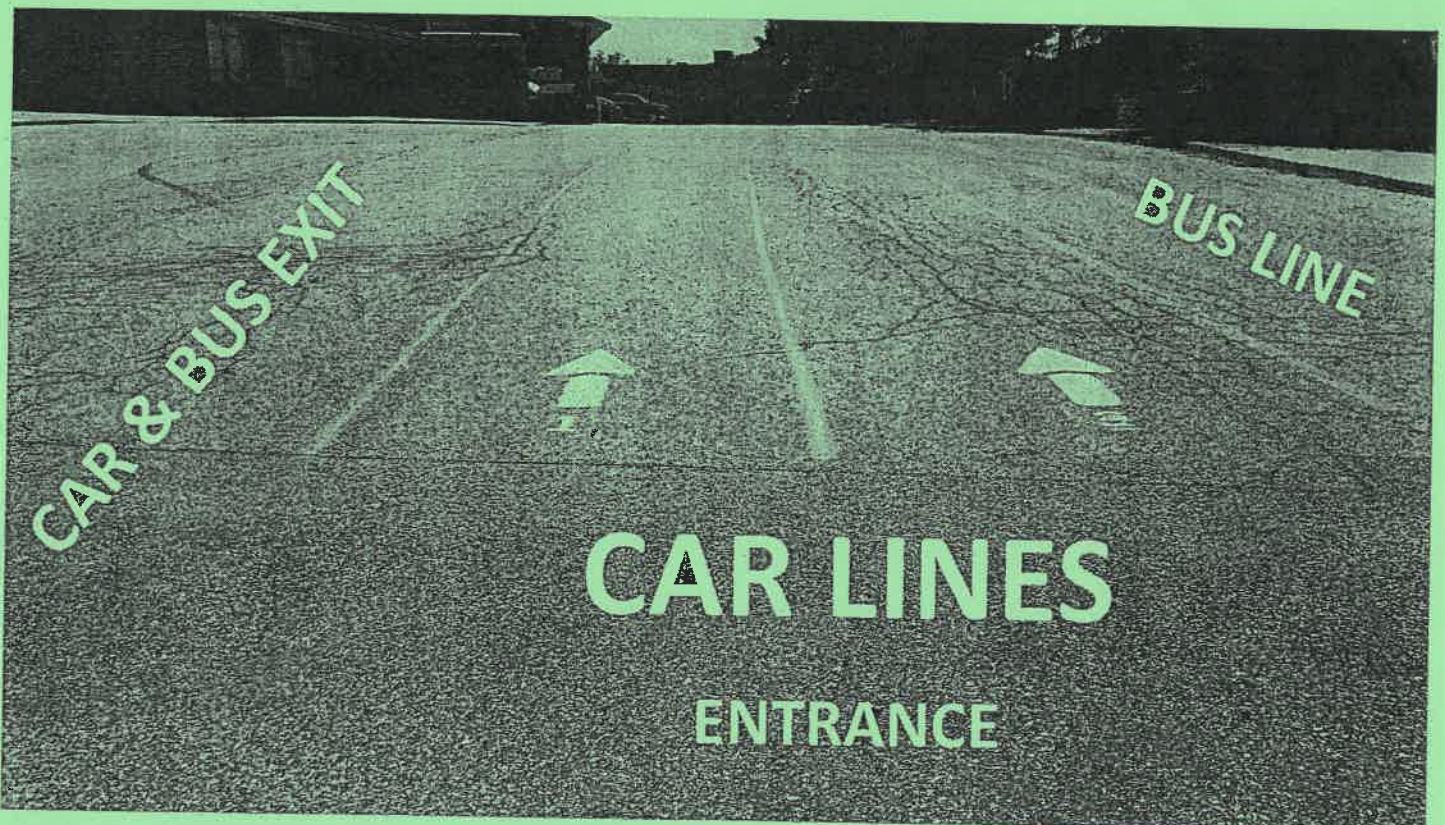


# ARRIVAL

For arrival, please enter in the bus line, and exit through the car & bus line. Please do not drive through or park in the middle (car lines). The traffic flow for arrival should be circular in nature.

See diagram below.

# DISMISSAL





Dear Garrett Parents and Guardians,

Due to our heavy bus and car volume, we must strictly adhere to the following arrival and dismissal procedures.

- Students are not allowed to be on campus before 8:15. If you need to leave your child before 8:15, please make arrangements with our YMCA before care.
- Please pull all the way around the parking lot to allow for smooth and safe traffic flow. If possible, your children should only be let out on the sidewalk side of the parking lot.
- Please do not cut in front of other vehicles or let your children out in the middle of the circle area.
- All students will be dismissed at 3:50 PM.
- Please do not come to the office to pick up children after 3:30 unless there is an after school appointment for the child. You will need to park in a parking spot or the street if you need to come into the building at this time. No cars will be permitted to park in the circle area after 3:00.
- If you are picking up students for a daycare, please wait in your van/bus and the students will be walked to you by a Garrett staff member. Please do not leave your vehicle unattended.
- The Hazelwood Police Department is assisting with this process. Please do not park in the No Parking zones as the Hazelwood Police Department may ticket.
- Please follow the directions of the adults in the street and parking lot as they are doing what they can to keep our arrival and dismissal as safe and smooth as possible.

On the back of this paper, you will find a diagram of where to pick up your children.

We appreciate your cooperation. Dismissal is a busy time and we want to ensure the safety of all of our children.

\*Please keep in mind that the first week of school always takes a bit longer but know that it always gets better by week two.

Sincerely,



Dr. Erik Melton

Principal

