

Family Support Partner Program

Family Support Partners are committed to working towards being **invited to walk alongside parents/families** to help navigate/manage systems through supportive advocacy efforts.

Family Support Partners (FSPs) provide peer support to families as they connect to and navigate mental health services. The FSPs have lived experience as a parent or family member of a child with a serious emotional disorder, as well as a deep connection to the communities in the St. Louis Promise Zone. FSPs are certified by the Missouri Dept. of Mental Health and employed by Vision for Children at Risk (VCR).

Family Support Partner Commitments:

1. FSPs will support parents/families, always remember to create a space for **voice & choice**.
2. FSPs will partner with parents/families, **walk alongside**.
3. FSPs will **share information** about other VCR parent/family programs.
4. FSPs will share that they are **parents with lived experience**, and validate that parents are the **"expert"** on their families.
5. FSPs are working with **families to listen/learn** about their needs.
6. FSPs will provide support services in a **non-judgmental manner**.
7. FSPs will provide **reassurance** about the FSP contact/follow up processes.
8. FSPs will assist parents/families with **navigating** the resource connection process.
9. FSPs will help **facilitate and nurture a culture of respect** for parents/families.
10. FSPs will work towards being **invited in** to help parents/families identify goals they would like to achieve.

FSPs will be in contact with families once they have been referred to the Family Support Program. **We look forward to speaking with you.**



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