



**2.2 oz 51% Whole Grain Soft Pretzels Individually  
Wrapped - 100 ct**

MANUFACTURER'S PRODUCT CODE: **30410**

# Nutrition Facts

Serving Size 1 Pretzel(62g)

Serving Per Container 100

**Amount Per Serving**

**Calories 140** Calories from Fat 5

**% Daily Value\***

**Total Fat 0.5g** **1%**

Saturated Fat 0g **0%**

Trans Fat 0g

**Cholesterol 0mg** **0%**

**Sodium 150mg** **6%**

**Total Carbohydrates 30g** **10%**

Dietary Fiber 3g **12%**

Sugars 1g

**Protein 5g**

Vitamin A 0%

Vitamin C 2%

Calcium 2%

Iron 10%

\* Percent Daily Values are based on a 2000 calorie diet.  
Your daily value may be higher or lower depending on  
your calorie needs.

	Calories	2200	2700
Total Fat	Less than	120g	180g
Saturated Fat	Less than	25g	65g
Cholesterol	Less than	50mg	70mg
Sodium	Less than	10mg	15mg
Potassium	Less than	0mg	0mg
Total Carbohydrate		200g	270g
Dietary		33g	76g

## Ingredients:

Whole Wheat Flour, Enriched Wheat Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Water, Yeast, Corn Syrup, Wheat Gluten, Malted Barley Flour, Dough Conditioner (wheat flour, salt, soybean oil, L-cysteine, ascorbic acid, enzymes), Ascorbic Acid, Bicarbonates and Carbonates of Soda.

## Allergen Information:

Contains: Wheat

## Kosher Type:

OU - PAREVE

## Child Nutrition Statement:

The listed serving size provides 2 bread/grain servings based on Group B in the Food Buying Guide oz. eq. serving size exhibit. Each serving size contains a minimum of 32g creditable grains and a minimum of 16.00g whole grains for the Child Nutrition program.

## Product Specifications:

UPC	SCC/GTIN	Case	Pack
073321304102	10073321304109	1	100

Case Dimensions					
Case Length	Case Width	Case Height	Case Cube	Net Weight (Lbs)	Gross Weight (Lbs)
23.375	9.375	12.625	1.6	13.75	17.25

Pallet Dimensions		
Pallet Tier	Pallet High	Pallet Count
8	6	48

## Storage/ Handling:

Keep Frozen (0° F or below) Shelf life up to one year when stored properly.

## Preparation Instruction:

1)Product can be reheated in the oven by removing the pretzel from the film, preheat oven to 350-400F. Lightly mist frozen soft pretzel with water, then sprinkle with salt if desired. Place pretzel in the oven and bake for 3-5 minutes. 2) Microwave - Product can be reheated in the microwave by removing the pretzel from the film, lightly mist frozen soft pretzel with water, sprinkle salt if desired, microwave on high for 20-40 seconds. 3)Place wrapped frozen product into a heated holding cabinet at approximately 150-160 degrees F. Frozen product will need 1 hour to become fully heated in the heating unit. Product will stay fresh 3 hours in the unit. \*\*Heating times and temperatures may vary.

I certify that the nutritional information contained on this page is true and correct.

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