





**HAZELWOOD SCHOOL DISTRICT
DECEMBER 2019
MIDDLE SCHOOL MENU**

Menu Subject to Change

you can prepay at myschoolbucks.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Daily Lunch Alternate Choices:</p> <p>Monday- Tuna Salad WG 8" Wrap Tuesday- Chicken Salad WG 8" Wrap Wednesday Chicken Soft WG Taco w/Red Sauce Thursday- Italian Combo on WG Bun w/lettuce & tomato Friday- Grilled Chicken on WG Bun w/Lettuce & Tomato</p> <p> =Pork Product WG = Whole Grain</p>	<p>Available Daily:</p> <p>LUNCH Chef Salads, Iceberg & Romaine Side Salad, SunButter Uncrustables, Veggie Wrap, 1% Flavored Milk</p>	<p>December is Pear Month!</p> 		<p>Tri-Day Friday It's Fun To Find New Favorite Foods! Every Friday We Are Introducing A New Fruit, Vegetable, Whole Grain Or Low-Fat Food That May Be Unfamiliar</p>
<p>2 Hamburger on WG Bun Chicken & Cheese WG Burrito Salad Bar</p> <p>Steamed Corn- ½ Cup Chilled Pears- ½ Cup Milk</p>	<p>3 NATIONAL PEPPERMINT LATTE DAY</p> <p>PIZZA HUT  WG Pizza Slice Salad Bar</p> <p>Fresh Broccoli- ½ Cup w/Fat Free Ranch Dressing Fresh Orange Slices- ½ Cup Milk</p>	<p>4 NATIONAL COOKIE DAY</p> <p>BBQ Pork Rib  on WG Bun WG Fish w/Cheese on WG Bun Salad Bar</p> <p>Steamed Peas- ½ Cup WG Mac & Cheese- ½ Cup Chilled Strawberry Cup- ½ Cup Milk</p>	<p>5 WG Spaghetti w/Meat Sauce & WG Breadstick Turkey Pepperoni WG Calzone w/Meat Sauce Salad Bar</p> <p>Fresh Carrot Sticks- ¾ Cup w/Fat Free Ranch Dressing Side Salad- 1 ¼ Cup w/Fat Free Ranch Dressing Fresh Apple Slices- ½ Cup Milk</p>	<p>6 TRI-DAY FRIDAY</p> <p>Fiestada WG Pizza Hawaiian BBQ Chicken Taco w/Mango Salad Bar</p> <p>Baked Beans- ½ Cup Chilled Peaches - ½ Cup Milk</p>
<p>9 NATIONAL PASTRY DAY WG Breaded Chicken Breast Filet on WG Bun Italian Cheese WG Calzone w/Marinara Sauce Salad Bar</p> <p>Seasoned Green Beans- ½ Cup Chilled Pineapple - ½ Cup Milk</p>	<p>10 Country Fried Beef Steak on WG Bun WG Breaded Fish Sticks w/WG Breadstick Salad Bar</p> <p>Oven Baked Smiled Fries- ½ Cup WG Mac & Cheese- ½ Cup Fresh Grapes- ½ Cup Milk</p>	<p>11 STUDENT TESTED! STUDENT APPROVED! WG Breaded JUMBO Chicken Drumstick w/WG Biscuit Red Beans & Rice w/WG Breadstick Salad Bar</p> <p>Steamed Corn- ½ Cup Chilled Mandarin Oranges- ½ Cup Milk</p>	<p>12 Toasted Ravioli w/Meat Sauce & WG Breadstick Hot Philly Beef & Cheese on WG Bun Salad Bar</p> <p>Steamed California Vegetables- ¾ Cup Fresh Banana- 1 Milk</p>	<p>13 NATIONAL COCOA DAY TRI-DAY FRIDAY Beef Pepperoni "RIPPERS" WG Pizza 4x6 Cheese WG Pizza Salad Bar</p> <p>Baked Beans- ½ Cup Oven Baked WG Onion Rings- ½ Cup (5) Fruited Jell-O w/Whipped Topping- ½ Cup Milk</p>
<p>16 All Beef Hot Dog on WG Bun Toasted Cheese on WG Bun Salad Bar</p> <p>Beef & Bean Chili- 1 Cup Oven Baked Tator Tots- ½ Cup Chilled Applesauce- ½ Cup Milk</p>	<p>17 NATIONAL MAPLE SYRUP DAY</p> <p>WG Pancakes (2) w/Turkey Sausage Links WG Cinnamon Glazed French Toast (2) w/Turkey Sausage Links Salad Bar</p> <p>Oven Baked Hash Rounds- ½ Cup 100% Fruit Juice- ½ Cup Chilled Peaches- ½ Cup Milk</p>	<p>18 WG Breaded Popcorn Chicken w/WG Biscuit Salad Bar</p> <p>Steamed Corn- ½ Cup Chilled Pineapple- ½ Cup Frosted Holiday Cookie- 1 Milk</p>	<p>19 Managers Choice</p> <p>Seasoned Green Beans- ½ Cup Fresh Apple Slices- ½ Cup Swirled Snowman Frozen Juice Cup- ½ Cup Milk</p>	<p>20 HALF DAY! RECORDS DAY</p> <p>Breakfast MANAGERS CHOICE BREAKFAST Milk</p>



**NO SCHOOL WINTER BREAK!
SCHOOL RESUMES ON JANUARY 6th**

This Institution is an Equal Opportunity Provider