

**HAZELWOOD SCHOOL DISTRICT
DECEMBER 2019
HIGH SCHOOL MENU**

Menu Subject to Change

you can prepay at myschoolbucks.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Available Daily Lunch: SunButter Uncrustables, Veggie Wrap, Veggie Burger, Chef Salad, Iceberg & Romaine Side Salad, Fat Free 1% Flavored Milk Tuesday's & Friday's: Oven Baked French Fries</p>  = Pork Product WG = Whole Grain	 <p>December</p> <p>December is Pear Month!</p>		<p>Tri-Day Friday It's Fun To Find New Favorite Foods! Every Friday We Are Introducing A New Fruit, Vegetable, Whole Grain Or Low- Fat Food That May Be Unfamiliar</p>	
<p>2 WG Pretzel & Cheese Sauce Mini WG Flour Taco w/Salsa Cup Salad Bar</p> <p>Steamed California Vegetables- 1 ¼ Cup Chilled Pears- 1 Cup Milk</p>	<p>3 NATIONAL PEPPERMINT LATTE DAY WG Fish Sticks w/WG Breadstick Italian Cheese WG Calzone w/Marinara Sauce Cup Salad Bar</p> <p>Seasoned Green Beans- ¾ Cup Chilled Peaches- 1 Cup Milk</p>	<p>4 NATIONAL COOKIE DAY Cheeseburger on WG Bun Jumbo Cheese WG Pizza Bagel Picnic Bar</p> <p>Oven Baked Smile Fries - ½ Cup Chilled Mixed Fruit- 1 Cup Milk</p>	<p>5 Taco Salad Bean & Cheese WG Burrito Salad Bar</p> <p>Fresh Broccoli- ½ Cup w/Fat Free Ranch Fresh Apple Slices-1 Cup Milk</p>	<p>6 Tri-Day Friday RIPPERS Beef Pepperoni WG Pizza Hawaiian BBQ Chicken Taco w/Mango Salad Bar</p> <p>BBQ Baked Beans- ½ Cup Chilled Applesauce- 1 Cup Milk</p>
<p>9 NATIONAL PASTRY DAY All Beef Hot Dog on WG Bun Grilled Chicken on WG Bun w/Leaf Lettuce & Tomato Slice Salad Bar</p> <p>Beef Chili w/Beans- 1 Cup Chilled Peaches - 1 Cup Milk</p>	<p>10 Stuffed Crust Cheese WG Pizza Chicken & Cheese WG Quesadilla Salad Bar</p> <p>Steamed Corn - ½ Cup Fresh Orange Slices- 1 Cup Milk</p>	<p>11 STUDENT TESTED! STUDENT APPROVED! WG Breaded JUMBO Chicken Drumstick Red Beans & Rice Deli Sandwich Bar</p> <p>Seasoned Carrots- 1 ¼ Cup WG Mac & Cheese- ½ Cup Chilled Applesauce- 1 Cup Milk</p>	<p>12 Mandarin Orange Chicken w/WG Vegetable Fried Rice WG Chicken Egg Roll w/Vegetable Fried Rice Salad Bar</p> <p>Fresh Broccoli- ½ Cup w/Fat Free Ranch Fresh Banana- 1 Milk</p>	<p>13 NATIONAL COCOA DAY Tri-Day Friday Tony's 5" Deep Dish WG Cheese Pizza WG Fish w/Cheese on WG Bun Salad Bar</p> <p>Seasoned Green Beans- ¾ Cup Oven Baked WG Onion Rings- ½ Cup (5) Fruited Jell-O w/Whip Topping- 1 Cup Milk</p>
<p>16 Hamburger on WG Bun Chicken & Cheese WG Burrito Salad Bar</p> <p>Seasoned Spiral Fries- ½ Cup Chilled Applesauce- 1 Cup Milk</p>	<p>17 NATIONAL MAPLE SYRUP DAY</p>  PIZZA HUT WG Pizza Slice Mini Twin Cheeseburger on WG Bun <p>Fresh Broccoli- ½ Cup w/Fat Free Ranch Fresh Apple Slices- 1 Cup Holiday Frosted WG Cookie- 1</p>	<p>18 WG Breaded Chicken Breast Filet on WG Bun Tony's 7" Stuffed Crust Turkey Pepperoni WG Pizza Italian Bar</p> <p>Baked Beans- ½ Cup Chilled Mixed Fruit- ½ Cup Swirled Snowman Frozen Juice Cup- ½ Cup Milk</p>	<p>19 HALF DAY! RECORDS DAY</p> <p style="text-align: center;">9th - 12th Only</p>	<p>20 HALF DAY! RECORDS DAY</p>
 <p>HAPPY HOLIDAYS!</p> <p>SCHOOL RESUMES ON JANUARY 7TH!</p>				

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