Dear Garrett Families,

In light of schools closing, your special area teachers have prepared some materials and lessons/activities for your students while they are home. These have been sent home with your student. The hope is that this will help enrich our students' learning during this time away from school.

Sincerely,

Dr. Erik Melton – Principal

emelton@hazelwoodschools.org

School Website (packets can be found here):
https://www.hazelwoodschools.org/Domain/13

Facebook:
https://www.facebook.com/GarrettElementarySchool/?ref=bookmarks
PE HOMEWORK

3rd- 5th grade students have two handouts to complete for PE Homework. Please fill each sheet out and return when we get back from break. Thanks

Below are a few videos for you and your family to try while you are on break. I hope you enjoy them and get some movement throughout your day. Three 10 minute walks throughout the day are very beneficial for your health.

JUST KEEP MOVING!!

See you all soon.
Coach Freddy
Coach Lloyd

Practice the Cha-Cha Slide

34 Minutes of Kidz Bop Dance Along Videos (grades K-5)
https://youtu.be/sHd2s_sAYsQ

Yoga for Kids (grades K-5)
https://youtu.be/X655B4fISakg

Kids Daily Exercises grades K-5)
https://youtu.be/T8l4RnHHf0
Elementary Music at Home

Choose one or more activity to complete for 30 minutes each day.

Lessons on a Computer:

1. [https://www.incredbox.com/](https://www.incredbox.com/) - Create your own beatboxing music using this website. Make sure you use the web version (the app isn’t free!)

2. [https://musiclab.chromeexperiments.com/](https://musiclab.chromeexperiments.com/) - Make your own song by creating pictures and patterns using a colorful grid. When you finish a song you like, have an adult help you save it, copy the link, and send it to Mrs. Hood on ClassDojo!

3. [https://www.youtube.com/playlist?list=PLz0KsHvRFL_y06aCY4St4u_AUmLY6RUShI](https://www.youtube.com/playlist?list=PLz0KsHvRFL_y06aCY4St4u_AUmLY6RUShI) - Pick some of your favorite songs and dance along to the videos!

4. [https://www.nyphilkids.org/](https://www.nyphilkids.org/) - Explore the New York Philharmonic Orchestra’s website and learn about the different instruments of the orchestra!

5. [https://drumbit.app/](https://drumbit.app/) - Make a rhythm and hear it on a drum set. Add some effects. Change the tempo. Do you like your rhythm?

Lessons without a Computer:

1. Use materials around your home to create a musical instrument. If you can, draw a picture of your instrument or save it for later to bring back in to school. Be ready to discuss the following in your next music class: a. What did you name your instrument? b. What materials did you use to make your instrument? c. How do you play your instrument? d. What kind of music would you create with your instrument?

2. Create your own kitchen band (with an adult’s permission, of course!) and find some ways to play on pots and pans or other materials found in your kitchen. Play along to some music. Experiment with your instrument.
   a. Can you play it loud and quietly?
   b. Can you play it in more than one way?
   c. Can you move around the room while playing it or do you need to stay still?
   d. If you have another person, play stop and go! One person plays along to the music while the other person directs to stop playing and then to play again! Switch roles. See if you can trick the other person.
3. Take a few hours or even a day and make a list of everywhere you hear music. What types of music did you hear? Were you surprised to hear music in any specific places? Be ready to discuss what you discovered in your next music class.

4. Interview an adult about music! Ask them some questions about music when they were growing up. Take notes and be ready to share with our class. Here are some sample questions to ask: a. Did you have a favorite song as a kid? b. Did you have a favorite singer/band growing up? Who was it? What was your favorite song? c. How did you listen to music when you were a kid? d. Did you have music in school? Do you remember what kind of songs you sang? Did you play games? Did you dance or play instruments? Did you like music class? Why or why not?

5. Have an adult help you find an instrumental song and listen to it. Search on YouTube: Instrumental Music. While you listen, draw a picture of what the music makes you think of. You might need to listen more than one time in order to complete your picture. Make sure to write down the name and artist of the song!
Art Lessons for Home

Cassie Stephens has a lot of fun art lessons. Here is a link. Feel free to scroll through and find a project that appeals to you with the materials you have on hand.

https://www.youtube.com/channel/UCdEo82iK2IzwMqCxBuQmmrQ/videos

https://www.youtube.com/watch?v=V_WZP7Z2UH6M

This is a how to draw one-point perspective for 3-5

https://www.youtube.com/watch?v=sZD8BjTK8dE