### Hazelwood School District First Grade Activities

Directions: On the first day of school closures, students should complete activities for each day. Reading and math activity daily

Day 1	<ul> <li>Reading: Read through all of the trick words and drill sounds. Go through your pantry and sort all of the items by long and short vowels. Say all of the words out loud to make sure you are sorting them right. Grab a piece of paper and pencil and write down the words in 2 categories.</li> <li>Math: Grab a piece of paper and a pencil! Go around to everyone in your home and ask them which they like better, apples or bananas? Record their answers. How many like apples? How many like bananas? How many people took your survey?</li> </ul>
Day 2	<ul> <li>Reading: Read through all of the trick words and drill sounds. Choose any book to read. Write about the main idea and 3 key details that support the main idea.</li> <li>Math: Grab a piece of paper and a pencil! Go around to everyone in your home and ask them which they like better, cats or dogs? Record their answers. How many like cats? How many like dogs? How many people took your survey?</li> <li>Write your numbers, 1-120.</li> </ul>
Day 3	<ul> <li>Reading:Read through all of the trick words and drill sounds. Grab a piece of paper and pencil. Find 10 things that have a digraph (ch, wh, sh, th, ck) and write them down or tell them to someone at home.</li> <li>Math: Grab a piece of paper and a pencil! Go around to everyone in your home and ask them which they like better, mashed potatoes or french fries? Record their answers. How many like mashed potatoes? How many like french fries? How many people took your survey?</li> </ul>
Day 4	<ul> <li>Reading: Read through all of the trick words and drill sounds. Choose any book to read. Write about the characters, setting, problem and solution</li> <li>Math: Grab a piece of paper and a pencil! Go around to everyone in your home and ask them which they like better, chocolate milk or white milk? Record their answers. How many like chocolate milk? How many like white milk? How many people took your survey?</li> </ul>
Day 5	Reading: Read through all of the trick words and drill sounds. Grab a piece of paper and pencil. Find 10 things that have a glued sound (am, an, all, ink, ing, ank, ang, ong, onk, ung, unk) and write them down or tell them to someone at home.

	<ul> <li>Math: Grab a piece of paper and a pencil! Go around to everyone in your home and ask them which they like better, a rainy day or a sunny day? Record their answers. How many like rainy? How many like sunny? How many people took your survey?</li> <li>Write your numbers, 1-120.</li> </ul>
Day 6	<ul> <li>Reading: Read through all of the trick words and drill sounds. Choose any book to read. On a piece of paper, retell the story from beginning to end.</li> <li>Math: Grab a piece of paper and a pencil! Go around to everyone in your home and ask them which they like better, pepperoni pizza or sausage pizza? Record their answers. How many like pepperoni? How many like sausage? How many people took your survey?</li> </ul>
Day 7	<ul> <li>Reading: Read through all of the trick words and drill sounds. Grab a piece of paper and pencil and write about your favorite pizza topping and why. Make sure to include 3 reasons why.</li> <li>Math: Grab a piece of paper and a pencil! Go around to everyone in your home and ask them which they like better, summer or fall? Record their answers. How many like summer? How many like fall? How many people took your survey?</li> </ul>
Day 8	<ul> <li>Reading: Read through all of the trick words and drill sounds. Grab a piece of paper and pencil and write about your favorite pizza topping and why. Make sure to include 3 reasons why.</li> <li>Math: Grab a piece of paper and a pencil! Go around to everyone in your home and ask them which they like better, vanilla ice cream or chocolate ice cream? Record their answers. How many like vanilla? How many like chocolate? How many people took your survey?</li> </ul>
Day 9	<ul> <li>Reading: Read through all of the trick words and drill sounds. Grab a piece of paper and pencil and write about your favorite ice cream flavor is and why. Make sure to include 3 reasons why.</li> <li>Math: Grab a piece of paper and a pencil! Go around to everyone in your home and ask them which they like better, crayons or markers? Record their answers. How many like crayons? How many like markers? How many people took your survey?</li> <li>Write your numbers, 1-120.</li> </ul>
Day 10	<ul> <li>Reading: Read through all of the trick words and drill sounds. Grab a piece of paper and pencil and write about your favorite fruit is and why. Make sure to include 3 reasons why.</li> <li>Math: Grab a piece of paper and a pencil! Go around to everyone in your home and ask them which they like better, taking a shower or taking a bath? Record their answers. How many like taking a shower? How many like taking a bath? How many people took your survey?</li> </ul>

#### P.E:

### **Day 1**: \*25 Jumping jacks

\*10 Push-ups

\*10 Four-count sit-ups

\*Straddle stretch (10 counts each: stretch to center, right side, left side, and back to center)

#### **Day 2:** \*Jog in place for 2 minutes

\*10 Arm circles forward, 10 backward, 10 turn the doorknobs, 10 palms down small lifts, 10 palms up small lifts

\*Three sets of 10-count bicycles

\* Two sets of straight leg stretches, 10 counts each

## **Day 3:** \*8 Regular jumping jacks, 8 double-jacks, 8 four-count jacks

\*10 Push-ups

\*10-count bicycles and 10-count scissors (2 sets each)

\*Straddle stretch for 10 counts and 10-count butterfly stretch

#### Day 4: \*Dance to your favorite song

\*10 Arm circles forwards, 10 backwards, 10 doorknob turns, 10 small lifts with palms down, 10 small lifts with palms up.

\*10 Sit-ups

\*Hurdler stretch- 10 seconds for each ttps://www.pecentral.org/websites/kidsites.html leg

Online sources: <a href="https://www.pecentral.org">www.pecentral.org</a> > websites > kidsites

Art:

1st

Material: pencil, markers, crayons, water, colors, paint, color pencil and or house supplies.

www.crayola.com

Activity 1: Read your favorite book and draw you the main character playing outside.

Activity 2: Using your stackable objects (blocks, boxes, legos, etc.,) create sculpture that resemble a house.

Chose a fun activity of your choice from <a href="https://www.crayola.com">www.crayola.com</a>

# Music Activities for kids

**Music Classes** 

Tap into your Child's musical genius or at least have fun trying.

With music designed for both kid and adult will sing, dance, play instruments, clap hands.

Share Music With Kids

Shuffle their playlist on their electronic devices to expand their musical knowledge .Expose them to music they've never heard before while getting the whole family involved.

Grandparents and other family members can all play in this musical activity that teaches kids about a variety of music, musicians, and the history behind the music genres.

Have the family make their own playlist of songs they grew up listening to and then have them share that music with their kids.

Make Your Own Music Instruments

Make beats and rhythms on a homemade drum or a shoebox guitar. By using some household items to make your own musical instruments.

Play Musical Games

Musical games like: Dancing, singing, jumping, and freeze games all with the goal of building a child's musical talents.

Record instrument sounds and play them back to see if they can get the answer right, or create a music trivia game and act out the answers.

# **Guidance Counseling Activities**

1st	Activity 1: Social Stories are a positive approach
Material: CoronaVirus Social Story	which should be introduced to students in a calm
	and comfortable environment and read to or with
https://www.youtube.com/watch?v=ZD9KNhmO	students using a positive tone. Social stories help

Click the link below:

<u>Social Story about being off school due to</u>

<u>coronavirus</u>

children understand how to react to situations.

**Anxiety Reduction Activity & Game** 

#### Library Activities:

CV4

- What words have the same beginning sound as "March"
- Write a short story about a new superhero
- Make your own "Peace Place" and read
- Play a game of "Would you rather"