FEBRUARY: "TAKE CARE OF EACH OTHER" MONTH

Practicing Spot's Rules

Take Care of Each Other at HOME by:
- Taking care of your younger siblings.
- Making a Valentine's Day card for someone in your family.
- Helping carry in the groceries.
- Helping sort laundry.

Take Care of Each Other at SCHOOL by:
- Helping a friend who is crying by asking them if they are OK.
- Helping a friend who has fallen down or dropped something.
- Asking a friend to play or sharing a toy.
- Working together with a friend to clean up toys or blocks.

Behavior Tips for Sibling Rivalry

★ If normal bickering occurs, allow the children the chance to work it out themselves. Be close by to help if needed.

★ If the bickering continues, acknowledge both children's feelings and what both children want.

★ Have the kids help you come up with the solution to the problem. You may need to assist them in implementing the solution by setting a timer for turn taking. If kids are not able to come up with a collusion, it may be necessary to remove the object. When you are ready to give them another chance, talk about the problem solving prior to returning the object.

★ Make sure to praise them when they are playing together nicely. "I like how you two are taking turns and sharing."

★ Make sure to make special time for each child individually to spend with significant adults.

Books & Videos for Teaching "Take Care of Each Other"

➜ [Kindness is My Superpower Read Aloud](#)

➜ [DANIEL TIGER'S NEIGHBORHOOD | Friends Help Each Other (Song) | PBS KIDS](#)

➜ Sesame Street- What is a Friend?: https://www.sesamestreet.org/videos?vid=1635

FEBRUARY PARENTING COURSE: IEP 101 AND THE DIAGNOSTIC PROCESS. TUESDAY, FEBRUARY 11, 2025. FROM 6-7:30 PM. CENTRAL EARLY CHILDHOOD. LIGHT DINNER AND CHILDCARE PROVIDED FOR THOSE WHO REGISTER. REGISTRATION IS REQUIRED. DEADLINE TO REGISTER IS 1/28/25. SCAN QR CODE TO REGISTER. FOR MORE INFORMATION CONTACT: ASHLEIGH 314-917-2877 OR BEKAH 314-917-2923

MARCH PARENTING COURSE: RELATED SERVICE PROVIDER FORUM. Tuesday, March 11, 2025. From 6-7:30 PM. Location: Central Early Childhood. Registration is required. Scan the QR code below to register. Light dinner and childcare provided to those who register. Questions? Call or Text: Ashleigh 314-917-2877 or Bekah 314-917-2923

Community Resources for Job Training & Employment

➢ Employment Connection of St. Louis: [Programs | EmploymentConnection](#)
➢ EACH1: [EACH1 — Mission: St. Louis](#)
➢ Missouri Job Center: [Training and Education](#)
➢ SLATE: [Help for Jobseekers](#)
➢ Urban League: [Employment Services - ULSTL](#)
➢ [Hazelwood School District Employment](#)
➢ [Indeed](#)