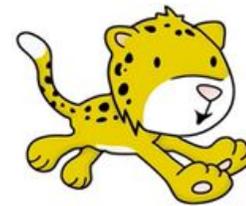


# HAZELWOOD EARLY CHILDHOOD

Family Support PBIS Newsletter



## DECEMBER: "TAKE CARE OF YOUR WORLD" MONTH

### *Practicing Spot's Rules*

#### **Take Care of Your World at HOME by:**

- Helping with recycling
- Picking up trash outside in your neighborhood/local park
- Donate an old toy when you get a new one
- Donate food to TEAM (314) 831-0879
- Walk instead of driving if a destination is nearby
- Turn off the water when you brush your teeth

#### **Take Care of Your World at SCHOOL by:**

- Picking up trash around our school or playground
- Recycling paper in the blue recycle bin

### **Behavior Tips for Surviving the Holidays**

- ★ When hosting holiday parties at home, try to pre-plan some activities for the kids to do like decorating a big box to make a gingerbread house that they can play in when finished. Structured and organized activities leaves less time for chaos and fighting.
- ★ Try to keep routines like naps, bedtime, mealtime, etc. as consistent as possible.
- ★ Talk with your children about behavior expectations prior to attending holiday events. Remind them periodically of those expectations and praise them when they are following the rules.
- ★ Know when your child has "had enough" and take them home before they have a behavior meltdown rather than dealing with the tantrum after the fact.

### **Books & Videos for Teaching "Take Care of Your World"**

How to Help the Earth by The Lorax- [HOW TO HELP THE EARTH BY THE LORAX by Tish Rabe-Earth Day Book - Children's books - Read aloud](#)

I Love My Planet- [I Love My Planet](#) [The Earth Song for children](#) | [HiDino Kids Songs](#)

How to Take Care of Your Environment- [How to Take Care of the Environment - 10 Ways to Take Care of the Environment](#)



Early Childhood & PAT  
Holiday Fun  
Tuesday, Dec. 3rd  
5:30-7pm

Central ECE  
15955 New Halls Ferry Rd.

Games, Crafts & Santa  
Light Dinner Served

### **Community Resources for Food**

- Hunger Hotline- [Emergency Response 2021 - Get Help](#)
- Food Stamps- [Food Assistance](#)
- TEAM- [Food Pantry](#)
- Trinity Church- (314) 838-8820
- Hazelwood Baptist - (314) 731-2244
- WIC- [Women, Infants and Children \(WIC\) | Health & Senior Services](#)
- United Way Info & Referral- [United Way 2-1-1](#)