UNITED WAY REFERRAL 211 or 1-800-427-4626

EMERGENCY/CRISIS
Behavioral Health Response 469-6644
Child Abuse Hotline 1-800-392-3738
Crime Victims Advocacy Center 652-3623
Crisis Nursery 768-3201
Senior and Disability Abuse Hotline 1-800-392-0210
Homeless Hotline 802-5444
KUTO (Kids Under Twenty-one) Kid to Kid Hotline – Hours 4pm-10pm 1-888-644-5886
Life Crisis/Suicide Hotline 647-4357 (24/7)
National Suicide Prevention Lifeline 1-800-273-8255
Poison Hotline 1-800-222-1222
Runaway and Troubled Youth Hotline 1-800-786-2929
Safe Connections (Women’s Crisis, Rape) 531-2003 (24 hr.)
St. Louis County Youth Helpline 314-628-2929
Youth In Need 636-946-3771 (24 hr.)
Youth Emergency Services (24 Hour) 727-6294 or 1-800-899-KIDS

CHEMICAL DEPENDENCY
SAMHSA National Hotline 1-800-662-4357 (24 hr.)
Al-Anon (family groups) 645-1572
Alcoholics Anonymous 647-3677
Bridgeway Behavioral Health 866-758-1152
Missouri Division of Behavior Health 877-0370
National Council on Alcoholism and Drug Abuse (youth transitional counseling program) 962-3456

CLOTHING/FURNITURE
Connections to Success (work clothing and job skills) 636-940-8027
Fantastic Finds Resale with Style 579-9500
Friends of Moms (ask for it by name) (baby items) 741-3737
Ladies of Charity (ask for program) 231-9328
New Life Evangelistic Center (clothing only) 421-3020
St. Louis Adventist Community Services (clothing boutique) 429-0216

COUNSELING
Catholic Family Counseling 831-1533
Center for Trauma Recovery 516-6738
Children’s Advocacy Center 516-6798
Crime Victim Advocacy Center 652-3623
Epworth Psychological Services 222-4460
Family Solutions for Kids 504-1935
Jewish Family & Children’s Services 993-1000
Lutheran Family & Children’s Services 787-5100
Provident Counseling 533-8200
Safe Connections 646-7500(x118)
St. Vincent Home for Children 314-261-6011

DAYCARE
United for Children 531-1412 x17 for inclusion
Childcare Aware of Missouri 1-800-200-9017
FSD Assisted Day Care 855-373-4636
www.dss.mo.gov for online app. and info

DIVORCE
Children First Foundation Illinois 888-805-9787
Kids in the Middle 909-9922

DOMESTIC VIOLENCE
ALIVE 993-2777 (24 hr.)
AWARE 362-9273
Crime Victims Advocate Center 652-3623
Legal Services of Eastern Missouri 534-4200
Redevelopment Opportunities for Women 588-8300
Safe Connections 531-2003
St. Martha’s Hall 533-1313
Weinman Center 423-1117
For Men Seeking Change
Developing Options to Violence 623-5859
RAVEN 289-8000

FINANCIAL ASSISTANCE
FSD Temp. Assistance and Food Stamps 855-373-4636
www.dss.mo.gov for online app. and info
Catholic Charities 367-5500
Community Action Agency 863-0015
Clearpoint Credit Counseling Solutions 644-6759
Jewish Family & Children’s Services 993-1000
Lutheran Family & Children’s Services 787-5100
Red Dough Money Center 726-2678
Salvation Army 423-7770
St. Louis Adventist Community Services 429-0216
WIC 679-7900

FOOD
Hazelwood Baptist Church 731-2244
Operation Food Search-Hunger Hotline 726-5355 (x3)
TEAM 831-0879
Adventist Community Services 429-0216
Salvation Army (Mon and Wed 10-12) 423-7770

GRIEF COUNSELING/SUPPORT
Annie’s Hope (children) 965-5015
BJC Grief Support 953-1676
Bereaved Parents – St. Louis Chapter 575-4178
DePaul Hospital (adults) 344-7080
Healing Heart Grief Support 810-4055
Mercy Heart Prints (loss of baby or fetus) 251-8500
Mercy (Grief Support Groups) 729-4400

HOUSING
American Red Cross (fire and natural disaster) 516-2800
Beyond Housing 533-0600
Community Action Agency 863-0015
Habitat for Humanity 371-0400
HOPE (serving ages 60+) 888-776-0155
Hope House (transitional housing) 382-3801
Housing Authority (Section 8) 428-3200
Housing Resource Center 802-5444
Housing Urban Development (HUD) 418-5400
National Assistance Corporation of America (NACA) 645-8333
PAKT Community Resource Center 524-2710
Salvation Army/Family Haven 423-7770
St. Patrick’s Center 802-0700
JOB TRAINING/EDUCATION
Community Action Agency – 863-0015
Education Opportunity Center (for college) 535-6670
Employment Connection 333-5627
Adult Education (adult education/HiSET and ELL) 415-7063
International Institute (citizenship ed.) 773-9090 (x109)
Job Corps. 679-6200
Kingdom House 421-0400
Missouri Job Center 475-7900
MERS Goodwill Industries 831-9171
Metro Ed. Training Center 746-0707
Near Southside Employment Coalition 865-4453
Redevelopment Opportunities for Women 588-8300
SLATE Work Connections 589-8000
St. Patrick Center 802-0700
St. Louis Community College-Workforce Solutions 539-5750
Urban League (HiSET Classes) 388-9840

LEGAL SERVICES
Community Action Agency 863-0015
Legal Services of Eastern Missouri 534-4200
SLU Legal Clinic 977-2778
Catholic Legal Assistance Ministry 977-3993

MEDICAL/HEALTH CARE
Healthcare Marketplace www.healthcare.gov
Advocates for Family Health 534-1263
Children’s Hospital Question Line 454-KIDS (5437)
Give Kids a Smile (dental care) 636-397-6453
Greater St. Louis Dental Society 569-0444
Missouri Healthnet Service Center 1-855-373-4636
People’s Health Center 838-8220
Planned Parenthood 921-4445
RX Outreach 1-888-796-1234
St. Louis County Public Health Clinic 615-0500

PARENTING
Annie Malone Family Center 531-0120
Carver House (family support and development) 768-0676
Community Action Agency 863-0015
Family Resource Center 534-9350
Family Solutions for Kids 504-1935
Family Support Network 918-3301
Magdala Foundation 652-6004
Parentlink 1-800-552-8522
Redevelopment Opportunities for Women 588-8300
St. Vincent Home for Children 261-6011
Fathers’ Support Center 333-4170

PREGNANCY/POSTPARTUM DEPRESSION
Fussy Baby Network 1-888-431-2229
Healthy Families (ask for program) 1-844-424-3577
Nurse Family Partnership 679-7871
Nurses for Newborns 544-3433
Postpartum Support International 1-800-944-4773
Mom’s Line 768-8570

RESPITE CARE
Children’s Home Society 968-2350
Great Circle (ages 5-19, development delays) 968-2060
Easter Seals Disability Services 432-6200
Marygrove (ages 0-17) 830-6201
St. Louis ARC 569-2211
St. Louis Crisis Nursery (ages 0-12) 953-8030
Youth Emergency Services (ages 11-19) 727-6294

RESPITE CARE (continued)
Youth In Need (ages 10-18) 636-946-3771

SPECIAL NEEDS CHILDREN
Governor’s Council on Disability 1-800-877-8249
Adapt-Ability (home adaptations) 432-1101
Deaf Interlink 837-7757
Down Syndrome Association 961-2504
DMH St. Louis Regional Center 587-4800
Gifted Resource Council 962-5920
Learning Disabilities Association 966-3088
Easter Seals Midwest 432-6200
Medicaid for Disabled Children 1-888-275-5908
MO Children’s Council of Special Children & Education (for college) 503-342-4118
MPO (Outpatient Mental Health) 900-451-0669
Health Plan of Greater St. Louis 636-973-7634
NAI (National Alliance for the Mentally Ill) 96-83-1972
Plantation Community Services 96-83-1972
Recreation Council 726-6044
Ranken Jordan 872-6400
Sharing Our Strengths Mentoring Program (MO) 800-444-0821
Shriners Hospital (Orthopedic) 432-3600
SSI Disability 1-800-772-1213
Team Activities for Special Kids (TASK) 636-343-8275
TRE House of Greater St. Louis (horse therapy) 636-332-4940
United Cerebral Palsy Heartland 636-227-6030
Variety STL (Camps & Equipment) 720-7700

SPEECH AND LANGUAGE SERVICES
Children’s Hospital 454-5437
Fontbonne University Clinic 889-1407
Walker Scottish Rite Speech Clinic 529-9200
St. Louis University Clinic 977-3365
Center for Hearing and Speech 968-4710

SUPPORT GROUPS
Mental Health America 773-1399
(list of support groups at www.mha-em.org)
St. Vincent’s Let’s Start (female ex-offenders) 241-2324

UTILITY ASSISTANCE
Ameren UE (Dollar More Program) 800-552-7583
Catholic Charities www.ccstl.org 367-5500
Community Action Agency 863-0015
Housing Resource Center 802-5444
Lutheran Family and Children’s Services 787-5100
MDM Low Income Sewer Relief Program 1-866-281-5737
New Life Evangelistic Center 421-3020
Salvation Army (Homes of Hope Program) 603-1093
Spire (Laclede Gas) 800-887-4173
United Way 1-800-427-4626 or 211
Urban League 388-9840

VISION SERVICES/GLASSES
Lion’s Club (glasses) 645-3500
Center for Eye Care-UM St. Louis 516-5131
Crown Vision Center 800-393-2273
Delta Gamma Center (visual impairments) 776-1300
SLUCare Ophthalmology 256-3200
Sight for Students 888-290-4964
Society for the Blind & Visually Impaired 968-9000

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