Nutrition Facts

Calories from Eat 90 % Daily Value*

Vitamin C 0%

80g 25g

Iron 8%

"Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Saturated Fat Less Than 20g

10 %

Serving Size 5 Pieces (99g)

Amount Per Serving

Calories 220

Total Fat 10g

Saturated Fat 2g Trans Fat 0g

Cholesterol 55mg Sodium 380

Potassium 310mg Total Carbohydrate 14g Dietary Fiber 2g

Vitamin A 2%

Calcium 2%

Folate 2%

Cholesterol

Dietary Fiber

Calories per gram Fat 9 • Carbohydrate 4 • Protein 4

Polyunsaturated Fat 4.5g

CN Whole Grain Breaded Chicken Ring Things

PROCESSOR NAME:

PILGRIM'S PRIDE CORP. – GOLD KIST CHICKEN BRAND

CODE NUMBER:	499180	CASE WT:	30#
STANDARD YIELD:	102%	SERVING SIZE:	3.48oz (5 pieces)
M/MA CONTRIBUTION:	2	DONATED FOOD/CASE:	29.46#
GRAIN CONTRIBUTION:	1	SERVINGS/CASE:	136
GTIN:	10075632991801	GR. WT.:	32.06#
CASE DIMENSIONS:	17L x 13W x 11.4H	PALLET:	8T x 7H
SHELF LIFE:	365 days	CASE CUBE:	1.48
CASES/PALLET:	56		

BID DESCRIPTIONS



Whole Grain breaded, fully cooked, CN labeled chicken "Rings" produced from USDA 100103 natural proportion white and dark meat commodity chicken. Unique "Ring Shaped" nugget batter breaded with Whole Grain enriched wheat flour in a crumb-style breading for optimum oven performance and extended holding times. Five "Rings" @ 0.695 oz. each guaranteed by CN label to provide 2 ounces meat/meat alternative and 1 grain serving. Product to provide zero grams trans fats.

CONTAINS: MILK, SOY, WHEAT

499180 **Fully Cooked** WHOLE GRAIN BREADED RING THING CHICKEN NUGGETS **NUGGET SHAPED CHICKEN PATTIES**

INGREDIENTS: Chicken, Water, Isolated Soy Protein With Less Than 2% Lecithin, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. Breaded and Predusted With: Whole Wheat Flour, Salt, Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Ribotlavin, Foile Acid), Whey, Dextrose, Spice, Soybean Oil (As A Processing Ad), Extractives of Turneric and Paprika, Battered Will Water, Whole Wheat Flour, Spices, Leavening (Sodium Bicarbonate, Calcium Acid Pyrophosphate, Monocalcium Phosphate), Yeast Extract, Natural Flavor, Salt. Breading Set In Vegetable Oil, CONTAINS: MILK, SOY, WHEAT

> Copy Not for Documenting Meal Pattern Requirements

con chicken pieces in a single layer on ungressed between 250°F, tes, Cenvection Over. Preheat over to 350°F, Place frozen chicken pieces in a type on ungressed baking pan. Bake uncovered for 14 minuter, Fully heat product to a in internal temperature of 165°F. Appliances vary, adjust heat times accordingly.

pilgrim's DISTRIBUTED BY: Pilgrim's Pride Corporation 1770 Promontory Circle, Greeley, CO 80634

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800-321-1470 www.goldkist.co

Five 0.695 or Fully Cooked Whole Grain Breaded Ring Thing Chicken Nuggets, Nugget Shaped Chicken Patties provide 2,00 or equivalent mest/mest alternate and 1,00 or equivalent grains for Child Nutrition Med Pattern Requirements, (Use of this logo and stalmment authorized by the Food and Nutrition Services, USDA 04/19.)



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Canden Robbins R.D., SNS	2/27/20
Camden Robbins. R.D SNS Foodservice Prepared Foods Nutritionist	Date

Nutrient information for our product is based on the certified portion size as stated on CN label.

