**Hazelwood West**

**Sports Requirement**

**Must be completed prior to attending tryouts**

**Fall tryouts**

Aug. 7 (football, softball, boys soccer, girls tennis, boys cross country, girls cross country, boys swim, girls volleyball, cheer, dance, marching band)

**Winter tryouts:**

Oct. 30 (boys and girls basketball, girls wrestling)

Nov. 6 (boys wrestling, girls swim)

**Spring tryouts**

Feb. 26 (boys and girls track, girls soccer, girls lacrosse, boys volleyball, baseball)

**What MUST be done for your child to attend tryouts**

**1. Must get a sports physical (all 9th graders and anyone else who doesn't currently have a valid sports physical on file)**

\*MSHSAA physical paperwork attached - must be completed by a healthcare provider

\*Click icon next to child's picture in parent portal to see date physical expires - if it's still valid, go to # 2 (no need to upload anything)

**2. EVERYONE Must complete the 23-24 athletic/activities participation forms (online in parent portal under option e-forms)**

\*do not submit until sports physical is upload (if applicable based on #1)

\*Only upload the MSHSAA Medical Eligibility Form (MEF - p. 5**), it's illegal for me to have your child's actual physical - if you upload the physical, it will be sent back to you and delay your child's clearance**

\*If physical is still valid - as indicated by the icon next to their picture, select "no" for question asking if MEF was uploaded

**3. Receive a clearance to participate EMAIL from Mrs. Chappelle**

\*Do not attend tryouts until you have received a clearance email (parent & student)