

every moment.

## WINGS ON WHEELS

Mobile expressive therapy for individuals, families and groups affected by illness or loss.



Wings on Wheels (WOW) is a mobile expressive therapy program that supports children and young adults by allowing them to express their grief through creative arts. The WOW van works in the community, visiting individuals, families and groups at family homes, schools, places of worship and other community places.

*Donations from the community allow this service to be provided free of charge.*

WOW expressive therapy is the use of creative arts to express thoughts and feelings. These include:

- Painting
- Drawing
- Writing
- Music
- Play therapy
- Sandtray therapy
- Dance



# SUPPORT THROUGH SHARING

## BJC Hospice Grief Camps and Retreats

### Daybreak

A one-day grief retreat for couples who have experienced the death of a child at any age. Daybreak encourages communication and partnership, provides opportunities to share feelings and experiences, and fosters a sense of hope.

#### WHEN

February 25, 2017

#### WHERE

Pallottine Renewal Center  
Florissant, MO

### Labyrinth

A one-day grief retreat for teens, 13-19, who have experienced the death of a family member or friend. Teens participate in activities to form connections with one another, learn ways to help cope and heal, remember their loved one and express feelings.

#### WHEN

~~April 22, 2017~~ June 3

#### WHERE

~~Camp Wyman  
Eureka, MO~~ Forest Park

### Stepping Stones

A weekend grief camp for children ages 6-12 who have experienced the death of a family member or friend. Stepping Stones provides a fun place for campers, gives them a chance to meet other children with similar losses and provides ways to explore their sadness while experiencing the joy and activities of a camp environment.

#### WHEN

August 11-13, 2017

#### WHERE

Camp Wyman  
Eureka, MO

### Weavings

A weekend retreat for mothers who have experienced the death of a child at any age. Weavings creates a space for mothers to share feelings and stories, learn coping tools, remember their children and celebrate their forever motherhood while creating a community of support.

#### WHEN

November 10-12, 2017

#### WHERE

Pallottine Renewal Center  
Florissant, MO

Camps and retreats are sponsored by generous donors or corporations in our community.